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Testing the effect of soak time on catch damage in a coastal gillnetter and the consequences on processed fish quality

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ABSTRACT

This study aims at testing how to improve catch quality aboard a coastal gillnetter by looking at an easily controllable parameter known to have an effect on the degree of fish damage, soak time, and investigating if the registered damages on whole fish have an effect on processed products such as fillets. Plaice (*Pleuronectes platessa*) was captured with commercial gillnets soaked for 12 and 24 hours. Damages were assessed using semi-quantitative indices of individual fish condition gathered in a Catch-damage-index for onboard fish and a Processed fish-damage-index for whole, skinned and filleted plaice processed at a land-based factory. Cumulative link mixed modelling allowed the estimation of the size of effects. Damage in fish was significantly more likely for longer soak times but effects were comparable to those of fish length and between-sets, making a change in soak time not so substantial for improving plaice quality in coastal gillnetting. Damage in fish was significantly more likely for whole than filleted fish, but there was substantial heterogeneity among fish. Severe damage in whole fish may not matter in filleted fish whereas some damage may only be visible at the fillet level.

Keywords: Catch-damage-index, cumulative link mixed model, gillnet, plaice, product quality, soak time

1 **1. Introduction**

2 The gillnet fleet is of importance in Denmark and is gaining interest as an alternative
3 practice towards improved environmental sustainability with regard to energy use and
4 ecosystem effects (Andersen, Ulrich, Eigaard, & Christensen, 2012; Suuronen *et al.*, 2012).
5 The coastal vessels provide the opportunity of daily fresh fish supply, but maintaining
6 profitable is challenging, and calls for solutions to help improve catch production. Raw
7 material is increasingly identified as a key factor in fish quality, and catch damages may result
8 in reduced price or discarding (Esaiassen, Akse, & Joensen, 2013; Lawler, 2003;
9 Margeirsson, Jonsson, Arason, & Thorkelsson, 2007; Santos, Gaspar, Monteiro, &
10 Vasconcelos, 2002). In the gillnet fisheries, more fish are discarded due to poor quality than
11 being below the legal minimum landing size (Batista, Teixeira, & Cabral, 2009; Borges *et al.*,
12 2001; Gonçalves *et al.*, 2008; Morandeu *et al.*, 2014). Challenges in gillnets are that fish can
13 die in the gear when the net is soaked, the netting can cause marks on the fish skin, and there
14 is an increased risk of injuries due to predation or scavenging of fish in the gear (Auclair,
15 1984; Perez & Wahrlich, 2005; Petrakis, Cheilari, & Cambiè, 2010; Santos *et al.*, 2002;
16 Suuronen *et al.*, 2012). Improvement in catch quality is important for the coastal gillnet
17 fisheries as it may limit wastage of raw materials, maximize production for the industry and
18 benefit to consumers.

19 Among the parameters that matter on the quality value of the raw material such as
20 environmental variations or handling and storage methods, capture procedure, especially soak
21 time, is a controllable parameter (Esaiassen *et al.*, 2013; Olsen *et al.*, 2014; Özogul & Özogul,
22 2004; Özyurt *et al.*, 2007). It might be an advantage for the fishermen to soak for long time
23 periods to maximise catch per unit effort, but previous experiments have shown that the
24 proportion of dead fish and degree of damage increase with the soak time (Acosta, 1994;
25 Hickford & Schiel, 1996; Hopper *et al.*, 2003; Petrakis *et al.*, 2010; Santos *et al.*, 2002;
26 Suuronen *et al.*, 2012). Natural variations such as fish length are also known to influence
27 quality (Esaiassen *et al.*, 2013). As there might be no effect of the registered damage on
28 whole fish in processed products such as fillets, severity of catch damage in whole fish has to
29 be analysed against the quality of processed products (Esaiassen *et al.*, 2013).

30 In the coastal fishery, fish is usually landed less than one day after capture and freshness,
31 i.e., age of the raw material, which is usually perceived as the most important attribute of the
32 quality of fish, is not appropriate (Denton, 2003; Esaiassen *et al.*, 2013; Martinsdóttir, Luten,

33 Schelvis-Smit, & Hyldig, 2003). Instead, previous studies have used semi-quantitative indices
34 of individual fish condition grouped in an index to evaluate whole or processed fish damage
35 in fishing gears (Depestele, Desender, Benoît, & Polet, 2014; Digre, Hansen, & Erikson,
36 2010; Digre, Tveit, Solvang-Garten, Eilertsen, & Aursand, 2016; Karlsen, Krag, Albertsen, &
37 Frandsen, 2015; Olsen, Tobiassen, Akse, Evensen, & Midling, 2013; Rotabakk, Skipnes,
38 Akse, & Birkeland, 2011). Most studies used hypothesis testing which does not allow for the
39 estimation of the size of effects, unlike model-based methods such as cumulative link mixed
40 modelling which is appropriate for ordinal multi-category responses. It also tolerates random
41 effects which are relevant here to account for within-haul (or set) correlations as well as to
42 tackle scoring subjectivity, i.e., there may be differences in the assessment when all fish in a
43 set are in similar condition or when they show a broader range of damage severities (Benoît,
44 Hurlbut, & Chassé, 2010).

45 This study aimed at assessing (1) the effect of soak time in comparison with an
46 uncontrollable natural variation, fish length, and set effect on catch damage onboard a
47 commercial gillnetter and (2) the change in quality between whole fish, and skinned and
48 filleted products at a land-based processing factory. Plaice (*Pleuronectes platessa*), one of the
49 main target species in the Danish coastal gillnet fisheries, was taken as a case study.

50 **2. Materials and methods**

51 *2.1. Experimental design and sea trials*

52 Trials were conducted on the commercial gillnetter HG5 Skovsmose (11.99m, 171kW) in
53 the Skagerrak coastal waters for eight consecutive days in September 2014. Commercial
54 plaice gillnets with 136mm nominal stretched mesh size and 0.30mm twine were used in all
55 sets. Each net was 2m (stretched) high, 82m long and slackly hung with a hanging ratio of
56 25%. Three individual nets were attached together by connecting the sink and float lines at the
57 start and end of each net (2m apart of one another) to form a fleet, i.e., a ganged sequence. In
58 total, nine fleets were constituted. The soak times 12 and 24 hours (h) covered the usual range
59 of commercial practices in Danish coastal waters. Every day, three fleets were soaked for 24h.
60 Simultaneously, three fleets were soaked for 12h during the day and three others during the
61 night to account for a possible day-night effect. The nets were located over a single known
62 habitat type, sandy bottom, at the same depth. Fleets were randomly positioned to avoid any
63 spatial effect, and spaced by a minimum distance of 111m in latitude and 60m in longitude to

64 prevent competition between them. Fleets were set with the current, parallel to the coast, and
65 anchored at both ends using 6m bridle lines and 4kg anchors following commercial practices.
66 Fleets were hauled aboard the vessel using a hydraulically-powered net hauler with top roller.

67 2.2. *Handling of the catch*

68 Two professional fishermen disentangled the catch from the netting on a sorting table
69 during hauling, and put it in open mesh baskets making sure not to overfill them. The same
70 scientist sorted all captured fish from the baskets, measured and assessed whole plaice for
71 catch damage on deck immediately after hauling in a dedicated work station protected from
72 wind to prevent dehydration of fish. Plaice below the legal minimum landing size of 27cm
73 (EU, 2013), dead fish or those below the freshness category B according to the European
74 Union scheme (EU, 1996) and considered unfit for consumption were not landed according to
75 commercial practices. Retained fish were handled following standard commercial practices.
76 Fish were washed to remove debris in the open mesh baskets with an adequate supply of clean
77 seawater from a hose. The two professional fishermen gutted the fish, i.e., the intestinal tract
78 and internal organs were removed, by hand with a knife. Gutted fish were cleaned in a
79 washing tank for a minimum of five minutes with seawater to remove blood and viscera from
80 the belly cavity. The scientist checked for the quality of bleeding by gutting. Fish were
81 discharged down a chute to the cooling room below deck, where the individuals from the
82 three soak times were stored separately in standard plastic boxes in shallow layers surrounded
83 by fine melting ice following standard commercial practices for later assessment at a fish
84 processing factory.

85 2.3. *Quality assessment*

86 All captured plaice were assessed for catch damage onboard the vessel (Fig. 1) using a
87 Catch-damage-index (CDi) initially elaborated for gadoids by Esaiassen *et al.* (2013) and
88 adapted for flatfish with the following minor adaptations. The CDi scheme lists damages
89 caused by fishing gear and handling onboard together with scores relative to the severity of
90 the damage and its influence on the quality of the raw material (Table 1). Damages were
91 scored according to their position on the fish and were considered moderate when in fin or tail
92 part and severe when in body part. A fish was considered dead if it did not show gill
93 movement and was unresponsive to touch immediately after hauling the catch onboard. As all

94 the individuals were faultlessly bled by gutting and there was no use of gaffs, the two
95 attributes 'poorly bled' and 'gaffing damage' were not included in the assessment scheme.
96 The scores for each attribute in the CDi scheme ranged from 0 for flawless to 2 for most
97 severe (Table 1, see Fig. 2 for examples of ratings). The CDi was then calculated for each
98 individual by summing the scores for all attributes. The CDi scale ranged from 0 for flawless
99 to 12 for most severe.

100 To limit the variation in factors that could have an influence on the assessment of landed
101 fish at the processing factory, only sets for which similar storage conditions could be
102 guaranteed were included in the analysis. The assessment was exclusively run for the 12h
103 soaks at night and 24h soaks, and only for five of the seven days of data collection. Onboard
104 storage of the fish assessed at the factory lasted no more than 4h. After landing, eight fish
105 from each of the two soak time categories (12h at night and 24h) were randomly picked and
106 labelled (Fig. 1). These fish were kept until the next day in a cooling room at 2°C in two
107 standard commercial plastic boxes. The boxes were kept one on top of the other with an
108 empty plastic box on top to prevent differential drying of the fish. On the day following
109 hauling of the net, fish were brought to the fish factory, and assessed for quality by the same
110 quality representative from the factory using a Processed fish-damage-index developed for the
111 purpose of this experiment. This scheme lists the attributes looked at by exporting companies
112 when fish is evaluated at the fish auction: skin or surface appearance, bruises or
113 discolouration, and texture (Karlsen *et al.*, 2015; Table 2). Such a scheme provides a finer
114 degree of discrimination than the EU quality grading scheme currently in use (EU, 1996). The
115 scores for each attribute in the Processed fish-damage-index scheme ranged from 0 for
116 flawless to 2 for most severe (Table 2, see Fig. 2 for examples of ratings). Gaping is when the
117 individual flakes of muscle come apart giving the fish flesh a broken appearance. A fish in
118 pre-rigor or rigor stage is considered to be of good freshness by the buyer and was ranked as
119 flawless for the attribute 'texture'. Assessments included three processing steps, whole fish,
120 after skinning, and after filleting (Fig. 1). Skinning and filleting were done with a skinner
121 (Steen ST 111) and by hand, respectively, by a person specialized in hand-filleting of plaice
122 working at the factory. Visual and tactile assessments of fish were conducted by the same
123 quality representative under the guidance of a scientist who did not attend the assessment at
124 sea. Both were unaware of how each specific fish had been caught. The Processed fish-
125 damage-index was then calculated for each individual by summing scores for all attributes.

126 The Processed fish-damage-index scale ranged from 0 for flawless to 6 for most severe.

127 In order to look at the relationship between CDi and Processed fish-damage-index, we
128 assessed fish using both schemes on the same individuals for the four last days of the sea trial,
129 i.e., 64 fish (4 days x 2 soaks x 8 fish). However, for simplifying tracking of fish, assessment
130 of fish using CDi was run a second time for this purpose after landing and not directly on
131 deck. It was therefore not possible to assess the attribute 'Dead in gear' in that case.

132 More objectives quality assessments methods such as computer vision evaluation of loin
133 colour (Erikson & Misimi, 2008) or texture analyzer (Einen & Thomassen, 1998) have been
134 developed, but visual assessment was chosen for CDi as it can easily be implemented on a
135 vessel at sea, and for the Processed fish-damage-index as this is how the exporters and
136 processing companies currently evaluate fish.

137 2.4. Statistical analysis

138 Cumulative link mixed modelling was used to model CDi as a function of soak time and
139 fish length. It is a generalization of logistic regression which models ordinal responses, allows
140 for random effects, and tends to work well for sensometric data (Christensen & Brockhoff,
141 2013). To model CDi, i.e., the response variable Y_i with a value from 0 to 12 representing the
142 degree of fish damage summed for all attributes, as a function of soak time and fish length,
143 the full cumulative link mixed model fitted to the data was:

$$144 \text{logit}(P(Y_i \leq j)) = \theta_j - \beta_1(\text{soak}_i) - \beta_2(\text{length}_i) - u(\text{set}_i), \quad (1a)$$

145 with $i = 1, \dots, n$, $j = 1, \dots, J - 1$ and $u(\text{set}_i) \sim N(\sigma_u^2)$.

146 This is a model for the cumulative probability of the i^{th} rating falling in the j^{th} category or
147 below, where i index all n observations (fish) and j index the response categories ($J = 13$).
148 The parameters $\beta_1(\text{soak}_i)$ and $\beta_2(\text{length}_i)$ describe the effect of the explanatory variables,
149 respectively soak time and fish length, on the log odds of response in category j or below, and
150 are assumed to have the same effect for each of the $J - 1$ cumulative logits. The random
151 effect of sets $u(\text{set}_i)$ is added to the model to avoid pseudo-replication by accounting for
152 mechanisms that could generate positive association among clustered observations (Fryer,
153 1991; Millar & Anderson, 2004). The random effect is assumed to be the same for each
154 cumulative probability, independent and normal identically distributed. At each setting of the
155 explanatory variables, the multicategory model assumes that the counts in the categories of

156 the outcome have a multinomial distribution and $\{\theta_j\}$ are the threshold parameters. Maximum
 157 likelihood estimates of the parameters, i.e., the values of the parameters of a chosen model
 158 which make the observed data most likely, were provided using the adaptive Gauss-Hermite
 159 quadrature method with 10 quadrature nodes (Christensen, 2015). A condition number of the
 160 Hessian not larger than 10^6 was an indication of having a successful model (Christensen,
 161 2015). Four models were considered for selection of a final one, the full model (1a) and three
 162 simpler nested versions (1b, 1c, 1d):

$$163 \quad \text{logit}(P(Y_i \leq j)) = \theta_j - \beta_2(\text{length}_i) - u(\text{set}_i) \quad (1b)$$

$$164 \quad \text{logit}(P(Y_i \leq j)) = \theta_j - \beta_1(\text{soak}_i) - u(\text{set}_i) \quad (1c)$$

$$165 \quad \text{logit}(P(Y_i \leq j)) = \theta_j - \beta_1(\text{soak}_i) - \beta_2(\text{length}_i) \quad (1d)$$

166 Significance of the parameters of the full model (1a) was tested using the likelihood ratio
 167 statistic with the Anova method, which measures the evidence in the data for extra complexity
 168 in the full model relative to a simpler model. It is not relevant to test whether the thresholds
 169 are equal to zero, so no p-values were provided for this test (Christensen, 2015). Concordance
 170 with the log-likelihood and the Akaike Information Criterion were used for selecting the final
 171 model (Akaike, 1974). The predicted probabilities of the final model were computed at
 172 different experimental conditions for illustrative purpose.

173 In the same manner, the full cumulative link mixed model fitted to the data to model
 174 Processed fish-damage-index as a function of processing step was:

$$175 \quad \text{logit}(P(Y_i \leq j)) = \theta_j - \beta(\text{step}_i) - u(\text{fish}_i), \quad (2a)$$

176 with $i = 1, \dots, n$, $j = 1, \dots, J - 1$ and $u(\text{fish}_i) \sim N(\sigma_u^2)$.

177 i index all n observations (fish), j indexes the response categories ($J = 7$) and $\beta(\text{step}_i)$
 178 describes the effect of the processing step on the log odds of response in category j or below,
 179 with filleting as baseline. The random effect of fish $u(\text{fish}_i)$ was added to account for the
 180 fact that assessments throughout processing steps were observed on the same fish. Three
 181 models were considered for selection of a final one, the full model (2a) and two simpler
 182 nested versions (2b, 2c):

$$183 \quad \text{logit}(P(Y_i \leq j)) = \theta_j - u(\text{fish}_i) \quad (2b)$$

184 $\text{logit}(P(Y_i \leq j)) = \theta_j - \beta(\text{step}_i)$ (2c)

185 One can consider that CDi and Processed fish-damage-index represent an underlying
186 variable, unobserved and unmeasurable, integrating the many ways in which each attribute
187 interact to determine the overall quality condition of a fish. Hence, interest here was in CDi
188 and Processed fish-damage-index, and not in the rating of single attributes, which were
189 therefore not modelled. Detailed results are given as supplementary material. All calculations
190 and graphs were conducted in R (R, 2015) using the packages ‘ordinal’ (Christensen, 2015)
191 and ‘ggplot2’ (Wickham, 2009).

192 **3. Results and discussion**

193 *3.1. Catch-damage-index*

194 *3.1.1. Level of catch damage of newly caught fish*

195 Fleets were set at an average depth of 5.4m (standard deviation: $\pm 0.6\text{m}$) representative of
196 shallow summer fishing grounds in the Danish coastal gillnet fishery. Of a total of 1601 caught
197 plaice, 1338 individuals from 62 different sets (3 soak times x 3 fleets x 7 days) were assessed
198 onboard the fishing vessel. One set was without fish. Fish for which assessment was uncertain
199 or data were missing, were not used in the analysis (263 individuals). Most of the assessed
200 fish (99%) presented moderate or severe damage for at least one attribute. The CDi scores
201 observed ranged from 0 to 9, i.e., none of the fish scored in the highest rating categories (10-
202 12). The proportion of fish grading for score 2 at the attribute level were low except bruises,
203 for which 40% were found in the body part. Bruises are a result of an accumulation of blood
204 residue appearing as dark patches on the blind side of flatfish as a result of meshing, the fact
205 that the fish struggled in the net, and handling (Botta *et al.*, 1987; Özyurt *et al.*, 2007).

206 *3.1.2. Effect of soak time on Catch-damage-index*

207 The average soak time was 23.8h (standard deviation: $\pm 1.2\text{h}$) for the 24h fleets, 10.7h
208 ($\pm 0.9\text{h}$) for the 12h day fleets, and 12.4h ($\pm 1.1\text{h}$) for the 12h night fleets. The coefficient for
209 soak was significant and positive indicating that higher CDi scores were more likely for 24h
210 than for 12h soaks, i.e., fish soaked for 24h were assessed to have a lower quality than those
211 soaked for 12h (Table 3, Fig. 3). This is in line with observations in other gill- and trammel
212 nets studies (Acosta, 1994; Auclair, 1984; Borges *et al.*, 2001; Hickford & Schiel, 1996).

213 Higher CDi scores for 24h soaks were not due to a greater damage severity at the attribute
214 level, i.e., in both soaks the same proportion of assessed fish (46%) scored 2 for at least one
215 attribute, but to the accumulation of damages in several attributes. There were proportionally
216 more fish grading in higher scores when caught in the 24h than 12h sets regarding the three
217 following attributes. Longer soak extended the probability for a caught-fish to be rubbed
218 against the netting and show gear damage (93% for 24h and 85% for 12h) and skin abrasion
219 (60% and 54%), with scale loss damages mainly located in the surroundings of yarn marks
220 and associated with gear damages. Biting (43% and 34%), mostly located on fins and tail
221 (96% of the damaged fish), was caused by scavengers and predators which had an increased
222 chance to feed on the caught-fish at longer soak (Auclair, 1984; Perez & Wahrlich, 2005;
223 Petrakis *et al.*, 2010; Santos *et al.*, 2002). Pressure damages (31% and 23%) were a result of
224 the fish being squeezed close to the pelvic fin when the fisherman untangled it from the net,
225 which severity was expected to depend on mesh size and twine characteristics of the net, but
226 which could also be facilitated in damaged fish, i.e., soaked for 24h.

227 There were no differences in mortality whereas this has been observed in other gill- and
228 trammel net studies (Bettoli & Scholten, 2006; Buchanan *et al.*, 2002; Chopin *et al.*, 1996;
229 Losanes, Matuda, & Fujimori, 1992). Our mortality rate of 8.4% was lower than that reported
230 in other studies using similar gears at comparable water temperature conditions (Batista *et al.*,
231 2009; Bettoli & Scholten, 2006; Chopin, Arimoto, & Inoue, 1996; Murphy, Heagey,
232 Neugebauer, Gordon, & Hintz, 1995; Schmalz & Staples, 2014), most likely because plaice is
233 a robust species, giving here mortalities in range with those observed in trawl-caught plaice
234 (Revill, Broadhurst, & Millar, 2013).

235 3.1.3. *Effect of soak time compared to that of fish length*

236 The coefficient for fish length was significant and negative indicating that higher CDi
237 scores were less likely for larger fish, i.e., larger fish were assessed to have a higher quality
238 than smaller fish (Table 3, Fig. 3). There were proportionally more small fish rating in higher
239 scores for skin abrasion (75% for 20-29cm and 31% for 40-53cm, respectively) and biting
240 (41% and 26%). Smaller fish were more likely caught with the netting behind the gill and
241 around the largest part of the body engendering scale loss, contrary to larger fish which can be
242 caught by the head region (snagging). The relatively lower mass of smaller plaice compared
243 to larger ones could render them more susceptible to injuries such as biting as suggested by

244 Revill *et al.* (2013).

245 3.1.4. *Effect of soak time compared to between-sets variation*

246 The estimated standard deviation of the random effects suggested substantial heterogeneity
247 among sets in their response probabilities, i.e., fish of the same size and soaked for the same
248 duration had lower or higher CDi depending on the set they were caught in (Table 3, Fig. 3).
249 Information on day and fleet were pooled in the set random effect. Fish length did not vary
250 between sets (mean per set \pm standard deviation: 31.4 \pm 1.36 cm). A daily systematic effect was
251 not likely in our study, which was conducted over a relatively short time scale. Even though
252 all variables not of interest were kept as constant as possible, for example bottom type or
253 depth, local bottom disparities, varying small-scale meteorological conditions such as wind or
254 current, or varying net geometry from one fleet to the other may account for the large
255 variation among sets. Besides, the time interval from the fleet is soaked until the fish is caught
256 in the net may vary largely from one set to the other and have profound consequences for the
257 damage level.

258 3.2. *Processed fish-damage-index*

259 3.2.1. *Level of damage of landed fish*

260 A total of 80 landed fish were assessed (8 fish x 2 soak times x 5 days) as whole, skinned
261 and filleted fish. The Processed fish-damage-index scores observed ranged from 0 to 4 for all
262 attributes, i.e., none of the fish scored in the highest rating categories (5-6). All fish assessed
263 were in a pre-rigor or rigor stage, and few fish (a maximum of 2.5% per attribute of all fish
264 assessed) scored in the highest rates regarding bruises or surface at the three processing steps.
265 In the opinion of the local expert at the fish factory, the overall quality of the landed fish in
266 this study was very good. There may be several reasons for this. Fish in very bad conditions
267 and the smallest ones, more prone to damage, were not landed. The weather conditions during
268 the sea trials were good. Appropriate handling and storage are important to keep the quality of
269 fish at a high level after capture (Hopper *et al.*, 2003). Fish were correctly bled, which reduces
270 the blood remains in the flesh and improves the fillet whiteness (Ashie, Smith, Simpson, &
271 Haard, 1996; Roth, Torrissen, & Slinde, 2005; Olsen *et al.*, 2014).

272 3.2.2. *Relationship between CDi and Processed fish-damage-index*

273 All fish randomly sampled for further analysis at the fish factory showed low score in the
274 CDi scheme, ranging from 1 to 6 (on a scale of 0 to 10 without considering the attribute
275 'Dead in gear'), as well as in the Processed fish-damage-index scheme for whole fish, ranging
276 from 0 to 3 (on a scale of 0 to 6). Results of the comparison showed a positive relationship
277 between CDi and Processed fish-damage-index for whole fish. Whole fish with low CDi
278 scores, from 1 to 2, showed a median Processed fish-damage-index score of 1 and those with
279 higher CDi scores, from 3 to 6, a median score of 2.

280 3.2.3. *Processed fish-damage-index throughout processing*

281 Comparison of Processed fish-damage-index throughout the three observed steps, i.e.,
282 whole, skinned and filleted fish, was done with filleting as baseline, therefore comparing
283 whole and skinned fish, respectively, with filleted fish.

284 The coefficient for whole fish was significant and positive indicating that higher damage
285 index scores were more likely for whole than for filleted fish, i.e., filleted fish had a higher
286 quality than whole fish (Table 3, Fig. 4). Yarn marks and scale loss in whole fish may not be
287 severe enough to impair the filleted fish. Damage may also be located in an area which is
288 normally trimmed at processing (fins, tail) such as with bruises, which was supported by our
289 results (55% and 39% of bruised whole and filleted fish, respectively).

290 The coefficient for skinned fish was significant and negative indicating that higher
291 Processed fish-damage-index scores were less likely for skinned than for filleted fish, i.e.,
292 skinned fish had a higher quality than filleted fish (Table 3, Fig. 4).

293 Severe gaping and jellied condition, i.e., waterish meat which is not related to the catching
294 method (Templeman & Andrews, 1956), were only visible at the fillet level. Gaping could be
295 caused by rigor, injuries or rough handling, for instance during machine skinning of fish in
296 rigor (Stroud, 1981). Some bruises were also not found before the fish was filleted. Our
297 bruising rate in filleted fish (39%) was in line with observations on fillets from gillnet-caught
298 cod (34% with bruises exceeding 2cm) and on trawl-caught round and flatfish (27 to 33%
299 with bruises or blood spots) (Botta *et al.*, 1987; Digre *et al.*, 2010; Karlsen *et al.*, 2015).

300 3.2.4. *Effect of processing step compared to that of between-fish variation*

301 The effect of processing step was on the same order of magnitude as the random variation.
302 The estimated standard deviation of the random effects suggested substantial heterogeneity

303 among fish (Table 3, Fig. 4). Such intraspecific variation is in agreement with a higher
304 variability of a catch-damage-index for plaice compared to other species in Depestele *et al.*
305 (2014). There can be several reasons for this. Analysis of the CDi showed an effect of fish
306 length on the quality of whole fish, which was also observed in processed fish by Love (1975)
307 who found more severe surface drying in smaller fish and more gaping, whereas larger fish
308 are more prone to show jellied condition (Templeman & Andrews, 1956). Some fish are also
309 inherently softer than others, e.g. starving or spawning individuals, and therefore more prone
310 to gaping when skinned or filleted (Esaiassen *et al.*, 2013; Love, 1975).

311 *3.3. Implications for the coastal gillnetting fishery*

312 *3.3.1. Effect of soak time on catch damage and catch rate*

313 The effect of soak time was calculated to be equal to the effect of a fish-length difference
314 of 8 cm (0.54/0.07), and was on the same order of magnitude as the between-sets random
315 variation, making a change in soak time not so substantial for improving plaice quality in
316 coastal gillnetting. The effect of soak time on catch damage is expected to be higher in other
317 species or longer soak durations.

318 Soak time should also guarantee an acceptable catch rate of commercial fish to optimize
319 landings with regard to fishing effort, fuel consumption and labour cost (Hickford & Schiel,
320 1996; Hopper *et al.*, 2003). There were no difference between soaks in the number of target
321 species caught (plaice above the minimum landing size) (*unpublished results*), which is in line
322 with previous studies suggesting a relationship between soak time and catch size for short
323 soak times (up to 6h) but none for longer soak times (Acosta, 1994; Gonçalves *et al.*, 2008;
324 Hickford & Schiel, 1996; Losanes *et al.*, 1992; Minns & Hurley, 1988; Rotherham *et al.*,
325 2006; Schmalz & Staples, 2014).

326 *3.3.2. From fish quality to commerciality*

327 The CDi scheme was in agreement with the quality rankings used at the fish auction
328 regarding commerciality of plaice, where fish must be free of pressure marks and injuries in
329 category Extra, free of blemishes and bad discolouration in category A, and a small
330 proportion of fish with more serious pressure marks and superficial injuries in category B
331 (EU, 1996). An evaluation of the physical damages in relation to commerciality is also found
332 in the scale of damaged fish developed by Petrakis *et al.* (2010) that can be related to our

333 assessment. Fish with no or moderate damages, e.g. eyes and gills eaten or small bites, i.e.,
334 corresponding to the low and medium CDi ratings, are usually fit for commercial purpose, but
335 not those with severe damage, e.g. the abdominal area eaten or with only skin and skeleton
336 remain, i.e., corresponding to the highest CDi ratings.

337 The fish will either be sold as whole fish or as raw material for further processing. Most of
338 the processed plaice produced in Denmark is sold as frozen fillets (FAO, 2014). Bruises do
339 not impair the taste of fillets, but they are not attractive to consumers, and the fish processing
340 factory would usually remove the part of the flesh with these marks, which reduce fillet
341 weight and final profit (Roth *et al.*, 2007; Kenney *et al.*, 2015). Marks on the fins and tail may
342 not impair the yield in fillet as it is standard procedure to remove these parts during filleting.
343 Minor marks on the thicker part of the fillet can be accepted and used for products of lower
344 value compared with flawless fillets, but fillets with major marks on the thicker part or severe
345 gaping are minced and sold as low quality product or destructed (Margeirsson, Nielsen,
346 Jónsson & Arason, 2006).

347 Other factors than quality may account for most of variation in prices, such as fish size,
348 with lower prices per kg for small plaice, or market demand, but prices for plaice in Denmark
349 are in general low and show little variation (Lawler, 2003; Hopper *et al.*, 2003; Tsikliras &
350 Polymeros, 2014).

351 3.3.3. Conclusion

352 Cumulative link mixed modelling worked well with our semi-quantitative indices, but it
353 was difficult to directly estimate processed product quality from catch damage as some
354 damage on whole fish had no effect on the fillet produced whereas others may only be visible
355 at the fillet level.

356 Damage in fish was significantly more likely for whole than filleted fish. Selling whole
357 fish directly to consumers has however proven worthy for some Danish coastal gillnetters, for
358 which improvement in whole fish quality could make a difference. Damage in fish was
359 significantly more likely for longer soak times but effects were comparable to those of fish
360 length and between-sets, making a change in soak time not so substantial for improving plaice
361 quality in coastal gillnetting. Further investigations could look into the factors responsible for
362 the between-sets random variation.

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Table 1.

Assessment scheme showing the attributes and rating scores used to calculate the Catch-damage-index for fish assessed onboard the fishing vessel.

Damage	Description	Score
Dead in gear	Live	0
	Dead	2
Gear damage	No marks	0
	Stripes, fin damage	1
	Deep marks, crushing	2
Bruises	No	0
	In fin/tail part	1
	In body part	2
Skin abrasion	No	0
	Minor	1
	Severe, perforated skin	2
Pressure injuries	No	0
	Squeezed in fin/tail part	1
	In body part	2
Biting injuries*	No	0
	Damaged fins/tail	1
	Deep wounds/bite marks	2

*Some of the recorded injuries could be due to fraying and not biting.

Table 2.

Assessment scheme showing the attributes and rating scores used to calculate the Processed fish-damage-index for fish at three different processing steps.

Step	Attribute	Description	Score
Whole	Surface	Glossy, no scale loss	0
		Bright, few scale loss	1
		Dull, many scale loss	2
	Bruises	No	0
		Few	1
		Many	2
	Texture	Pre-rigor or rigor	0
		Firm	1
		Soft	2
Skinned	Surface	Smooth	0
		Few gapings	1
		Many gapings	2
	Bruises	No	0
		Few	1
		Many	2
	Texture	Pre-rigor or rigor	0
		Firm	1
		Soft	2
Filletted	Surface	Smooth	0
		Few gapings	1
		Many gapings	2
	Bruises	No	0
		Few	1
		Many	2
	Texture	Normal	0
		Jelly	2

Table 3.

Maximum likelihood estimates and standard errors (S.E.) of the parameters in the final model for the CDi, i.e., soak time $\hat{\beta}_1(\text{soak}_i)$, fish length $\hat{\beta}_2(\text{length}_i)$, set $\hat{\sigma}_{u(\text{set}_i)}^2$ and thresholds $\{\hat{\theta}_j\}$, and the Processed fish-damage-index, i.e., processing step $\hat{\beta}(\text{step}_i)$, fish $\hat{\sigma}_{u(\text{fish}_i)}^2$ and thresholds $\{\hat{\theta}_j\}$, and their significance levels (p-value) based on the likelihood ratio test. No p-values are provided for the thresholds.

Parameter	Estimate	S.E.	p-value
<u>CDi</u>			
Soak	0.54	0.26	< 0.05
Fish size	-0.070	0.012	< 0.001
Set	0.85	NA	< 0.001
Thresholds	-6.65	0.48	
	-4.64	0.42	
	-3.26	0.41	
	-1.84	0.40	
	-0.52	0.40	
	0.99	0.41	
	2.24	0.43	
	3.79	0.52	
	5.31	0.81	
<u>Processed fish-damage-index</u>			
Step: whole	2.00	0.37	< 0.001
Step: skinned	-1.24	0.39	< 0.001
Fish	1.68	NA	< 0.001
Thresholds	0.059	0.32	
	2.37	0.39	
	5.37	0.61	
	7.52	1.12	

Fig. 1. Experimental design and data collection

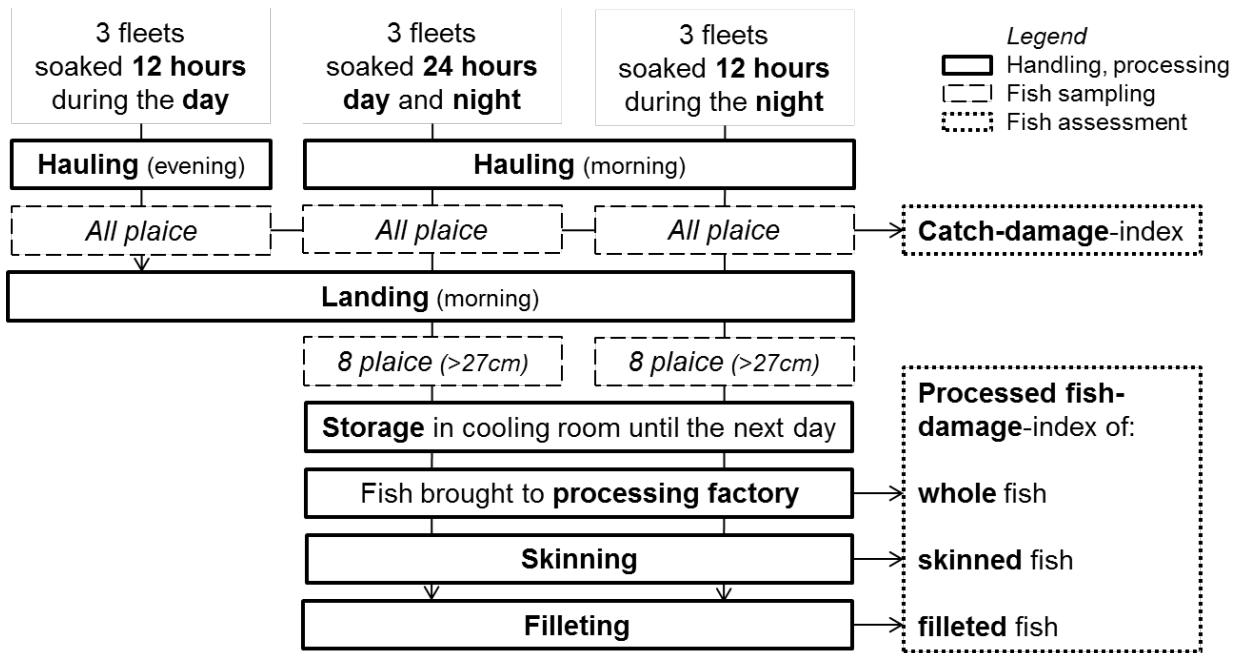


Fig. 2. Examples of ratings of fish onboard the vessel: (a) flawless fish, (b) stripes from gear damage and pressure injuries, (c) stripes from gear damage and descaling, (d) bruises in body part and (e) severe wound, and at the factory: (f) whole fish with no bruises, (g) whole fish with bruises on body part, (h) skinned fish with various degree of bruises, (i) filleted fish with moderate gaping and (j) filleted fish with severe gaping due to injury.

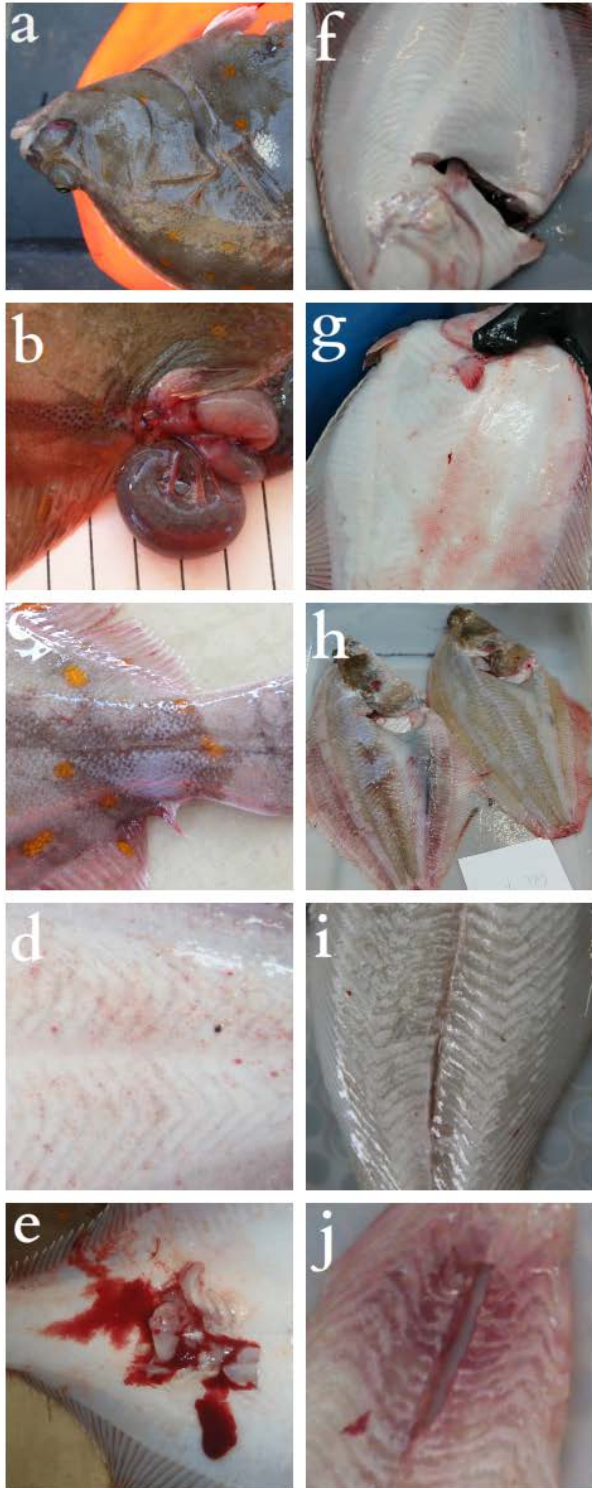


Fig 3. Rating probabilities in the different CDi categories depending on the effect of soak time, for an average-length fish (31cm) and average set-effect (50% percentile set) [left]; the effect of fish length, at 12h soak for an average set-effect [middle]; and the set random effect, at 12h soak for an average-length fish (31cm) [right]. CDi categories range from 0 in light grey for flawless to 9 in black for most severe.

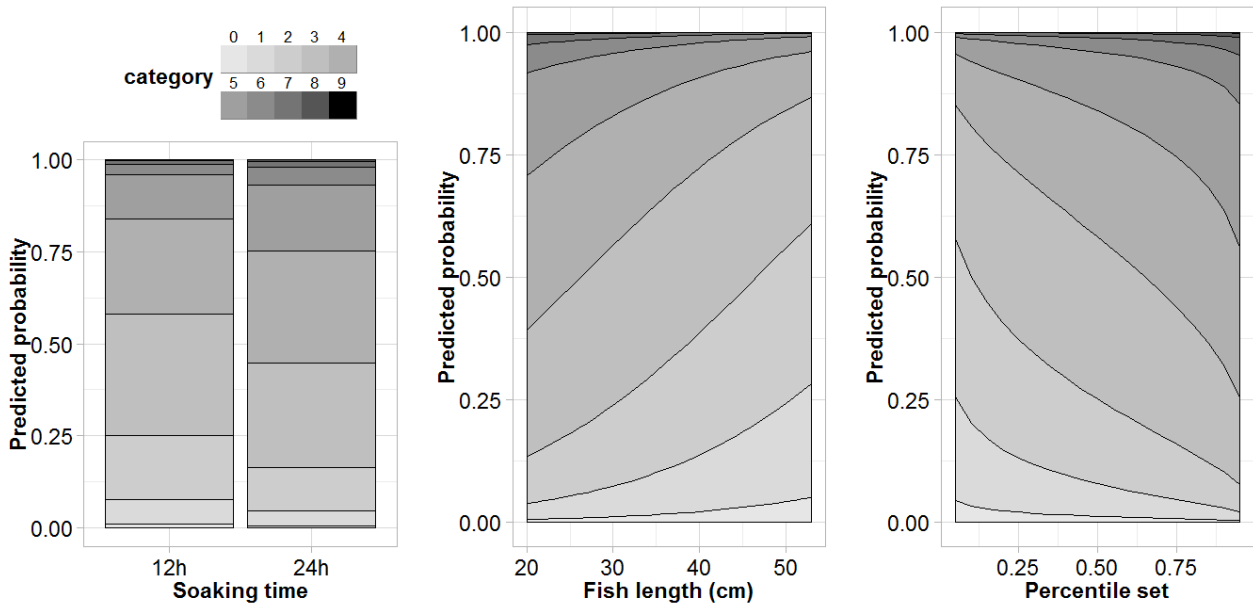
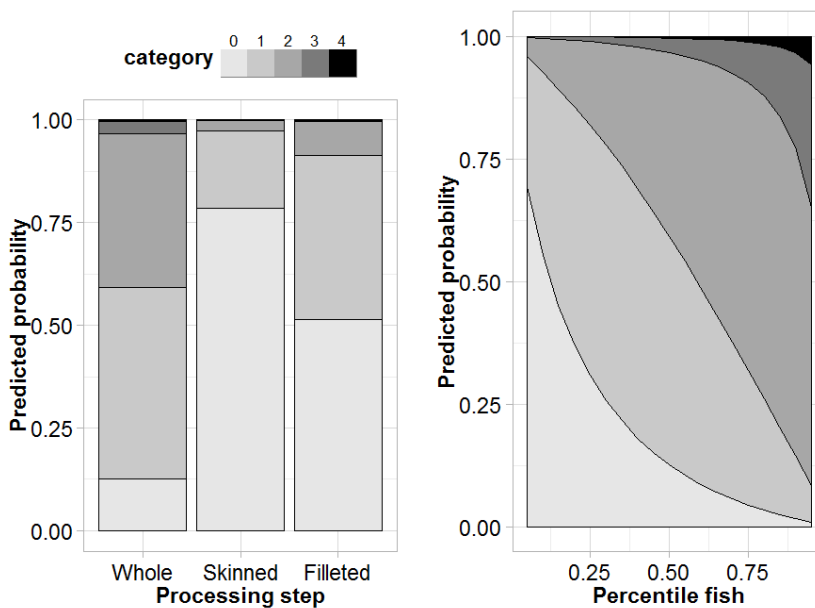


Fig. 4. Rating probabilities in the different Processed fish-damage-index categories depending on the effect of the processing step, for an average fish-effect (50% percentile fish) [left]; and the fish random effect, for whole fish [right]. Processed fish-damage-index categories range from 0 in light grey for flawless to 4 in black for most severe.



SUPPLEMENTARY DATA: background datasets

Table A.1.

Number of plaice assessed from each set. A set is a combination of the day of data collection (from I to VII), a fleet (A, B or C) and a soaking time (24 hours, 12 hours at day and 12 hours at night).

Day	Fleet	12h day	12h night	24h
I	A	13	12	37
	B	20	16	19
	C	10	5	34
II	A	15	20	33
	B	8	11	25
	C	27	13	15
III	A	8	4	14
	B	11	9	25
	C	9	4	8
IV	A	20	5	23
	B	9	0	19
	C	13	13	31
V	A	17	21	32
	B	14	10	16
	C	6	56	68
VI	A	29	13	11
	B	57	18	18
	C	18	24	17
VII	A	40	36	24
	B	56	46	31
	C	25	53	24
Total		425	389	524

Table A.2.

Number of individuals and *percentage* per attributes and rating scores used to calculate the Catch-damage-index for fish assessed onboard the fishing vessel for each soak time.

Damage	Description	Score	12h day		12h night		12h		24h	
Dead	Live	0	365	86%	383	99%	748	92%	478	91%
	Dead	2	60	14%	6	1.5%	66	8.1%	46	8.8%
Gear	No marks	0	76	18%	43	11%	119	15%	38	7.3%
	Stripes, fin damage	1	349	82%	346	89%	695	85%	486	93%
	Deep marks, crushing	2	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Bruises	No	0	75	18%	71	18%	146	18%	85	16%
	In fin/tail part	1	186	44%	167	43%	353	43%	226	43%
	In body part	2	164	39%	151	39%	315	39%	213	41%
Skin	No	0	220	52%	154	40%	374	46%	208	40%
	Minor	1	205	48%	232	60%	437	54%	309	59%
	Severe, perforated skin	2	0	0.0%	3	0.8%	3	0.4%	7	1.3%
Pressure	No	0	320	75%	306	79%	626	77%	364	70%
	Squeezed in fin/tail	1	105	25%	82	21%	187	23%	160	31%
	In body part	2	0	0.0%	1	0.3%	1	0.1%	0	0.0%
Biting	No	0	309	73%	223	57%	532	65%	297	57%
	Damaged fins/tail	1	113	27%	158	41%	271	33%	218	42%
	Deep wounds/bite marks	2	3	0.7%	8	2.1%	11	1.4%	9	1.7%

Table A.3.

Number of individuals and *percentage* per attributes and rating scores used to calculate the Catch-damage-index for fish assessed onboard the fishing vessel for three fish length classes (small: 20-29cm, medium: 30-39cm and large: 40-53cm).

Damage	Description	Score	Small		Medium		Large	
Dead	Live	0	487	90%	689	93%	50	91%
	Dead	2	53	9.8%	54	7.3%	5	9.1%
Gear	No marks	0	57	11%	93	13%	7	13%
	Stripes, fin damage	1	483	89%	650	88%	48	87%
	Deep marks, crushing	2	0	0.0%	0	0.0%	0	0.0%
Bruises	No	0	76	14%	143	19%	12	22%
	In fin/tail part	1	282	52%	282	38%	15	27%
	In body part	2	182	34%	318	43%	28	51%
Skin	No	0	134	25%	410	55%	38	69%
	Minor	1	399	74%	330	44%	17	31%
	Severe, perforated skin	2	7	1.3%	3	0.4%	0	0.0%
Pressure	No	0	401	74%	549	74%	40	73%
	Squeezed in fin/tail	1	139	26%	193	26%	15	27%
	In body part	2	0	0.0%	1	0.1%	0	0.0%
Biting	No	0	322	60%	466	63%	41	75%
	Damaged fins/tail	1	209	39%	268	36%	12	22%
	Deep wounds/bite marks	2	9	1.7%	9	1.2%	2	3.6%

Table A.4.

Number of individuals and *percentage* per attributes and rating scores used to calculate the Processed fish-damage-index for fish at three different processing steps.

Attribute	Description	Score	Whole		Skinned		Filleted	
Surface	Glossy, smooth	0	20	25%	77	96%	77	96%
	Bright, few scale loss/gapings	1	59	74%	3	3.8%	2	2.5%
	Dull, many scale loss/gapings	2	1	1.3%	0	0.0%	1	1.3%
Bruises	No	0	36	45%	56	70%	49	61%
	Few	1	44	55%	22	28%	29	36%
	Many	2	0	0.0%	2	2.5%	2	2.5%
Texture	Pre-rigor or rigor, normal	0	80	100%	80	100%	70	88%
	Firm	1	0	0.0%	0	0.0%	NA	
	Soft, jelly	2	0	0.0%	0	0.0%	10	13%