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Symmetrical Waveguide Devices Fabricated by Direct UV Writing

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Abstract—Power splitters and directional couplers fabricated by direct UV writing in index matched silica-on-silicon samples can suffer from an asymmetrical device performance, even though the UV writing is carried out in a symmetrical fashion. This effect originates from a reduced photosensitivity in the vicinity of previous exposed areas. The imbalance can be counteracted by an appropriate reduction of the applied scan velocity in areas, where a previous scan has been carried out nearby.

Index Terms—Optical devices, optical materials, optical waveguide components, optical waveguides.

I. INTRODUCTION

DIRECT UV writing is a technique for fabrication of buried channel waveguides, where a focused ultraviolet (UV) laser beam is scanned across a silica-based sample [1]. The sample has a germanium-doped core layer in which the photosensitivity has been enhanced by indiffusion of deuterium (D₂), enabling a UV-induced refractive index change of several times 10⁻³ [2]. Basic waveguide devices, such as power splitters and directional couplers, have been demonstrated with direct UV writing [3]. Circular guided mode profiles can be achieved by codoping the core layer with boron, thereby matching the unexposed core layer index to that of the surrounding buffer and cladding layers [4]. However, as reported here, in such index-matched samples, it has proven difficult to achieve splitters and couplers with the transmitted power distributed evenly between the output arms. We show that this asymmetry is due to the photosensitivity decreasing slightly in the vicinity of the first scan. We will present a simple method for counteracting this effect to achieve a symmetrical device performance, as well as an investigation of the physical manner in which subsequent scans affect each other.

II. EXPERIMENTAL

A. Sample Structure and Waveguide Fabrication

The samples consist of a silica-based three-layer structure (buffer, core, cladding) deposited on a silicon substrate. The buffer/core/cladding thickness is 16/5.4/12 μm. The core layer is codoped with germanium and boron in a relative proportion, so that the refractive index is matched to that of the cladding and buffer. The intrinsic photosensitivity of the core is quite low, and has thus been enhanced by loading with 2.9 mole% D₂ prior to the UV exposure.

Waveguides are fabricated by scanning the sample under a 257-nm continuous-wave beam with a power of 45 mW. The UV beam is focused to a measured 1/e² diameter of 3.1 μm. As shown later, the UV-induced refractive index change in index-matched samples decreases significantly with the D₂ concentration, hence, it is necessary to slow the rate of D₂ outdiffusion by cooling the sample [5]. The sample is, therefore, mounted on a vacuum chuck, which is thermoelectrically cooled to -35°C in an N₂ atmosphere (to prevent ice formation). After UV writing, the sample is annealed at 80°C for 24 h to remove residual D₂.

B. Waveguide Characterization

The waveguides and devices are characterized by measuring the insertion loss (averaged for all polarization states) and polarization-dependent loss (PDL), by butt-coupling standard single-mode optical fibers excited with a polarized 1.55-μm laser. The effective index may be measured by inscribing a weak Bragg grating (<0.1-dB transmission loss) in the waveguides. Finally, the waveguide width can be measured to an accuracy of ±1% with a high-resolution optical microscope in combination with a charged-coupled device (CCD) camera [6].

For 1-cm-long straight waveguides, the measured insertion loss is typically 0.4 dB, with a PDL of 0.15 dB. The waveguides are 6.5 μm wide, which is roughly a factor of two larger than the measured UV spot size. This suggests that the index change process is saturated in the central part of the exposed area. By comparing effective index and width measurements with mode field calculations, we have derived a step index value of ~0.007 for the fabricated waveguides [6]. The waveguides are robustly single mode at wavelengths in the 1.5-μm band. All splitters and couplers presented in this letter have an excess loss of 0.05–0.2 dB and negligible excess PDL.

C. Layout of Splitters and Couplers

The fabricated splitters consist of three sections: an input arm, a lower output arm, and an upper output arm. The sections are scanned sequentially, starting with the input arm, followed by the upper output arm, and finally the lower output arm. Each scan starts at a central branching point and moves outwards, as indicated by arrows on the schematic overview in Fig. 1.

Each output arm starts with an 800-μm straight section, tilted 0.2° from the input arm, followed by circular arc s-bends (curvature radius of 35 mm). The scan velocity applied for both output arms is 200 μm/s. The output arm spacing is 81 μm and the total device length is roughly 3 mm.

The fabricated directional couplers have dual waveguide input/output ports, connected to a central coupling region...
by $s$-bends. The scan velocity, radius of curvature, and port spacing is identical to that of the splitters described above. The couplers are written in two sequential scans, starting at the same side of the optical chip.

### III. DEVICE ASYMMETRY

#### A. Asymmetry of Splitters and Directional Couplers

Note that the device layouts described above are completely symmetrical around the longitudinal axis. However, measurements show that the fabricated splitters exhibit a splitting ratio of $0.70$ (the relative amount of transmitted power contained in the first written output arm). As the measured widths after the branching point are identical for both output waveguides, this asymmetry must be due to a lower refractive index of the arm written in the second scan.

A similar asymmetric behavior is seen for the fabricated couplers. A center-to-center spacing in the central coupling region of $9 \mu m$ was chosen as starting point. Varying the length of the central coupling region resulted in the coupling ratio varying in a squared sinusoidal fashion. This confirms that the simple equations for two coupled modes were applicable. The coupling ratio first peaked for a length of the central coupling region of $800 \mu m$. However, the maximum value was not unity, as expected for a phase-matched coupler, but rather $0.95$. No difference between the waveguide widths in the coupling region have been observed, hence, this behavior must also be due to a difference in refractive index between the two arms. For a larger waveguide spacing, the maximum coupling ratio increased, converging toward a value close to unity ($>0.999$) for a center-to-center spacing of $\sim 12 \mu m$. Hence, the range over which subsequent scans affect each other is roughly $12 \mu m$. Due to similar fabrication methods for both splitters and couplers, the induced asymmetry is most likely caused by the same mechanism.

Simple analysis by a beam propagation method (BPM) of the actual splitter and coupler structures, estimates a refractive index difference of a few times $10^{-4}$ to account for the observed asymmetry.

#### B. Correcting the Induced Asymmetry

A nonsymmetrical power distribution is undesirable in many situations, such as interferometric applications and $1 \times N$ power splitting. We, therefore, applied a simple method for counter balancing the observed asymmetry. This method is based on the experience that the induced index change is easily controlled by varying the applied scan velocity [6]. Thus, by appropriately lowering the scan velocity for the second output arm, the index of the two closely spaced waveguides can be matched. This is illustrated for couplers in Fig. 2(a). Here, a series of couplers were written with a center-to-center spacing of $9 \mu m$ and a coupling region length of $800 \mu m$. With the scan velocity in the first arm being $200 \mu m/s$, the scan velocity of the second arm has to be lowered to $\sim 175 \mu m/s$ to obtain full cross coupling, and hence, identical waveguides. Implementing a similar method for the splitter fabrication resulted in the measurements in Fig. 2(b). Here, symmetrical splitting is achieved for a scan velocity in the second arm of $\sim 70 \mu m/s$.

From effective index measurements on isolated waveguides [6], we have seen that such reductions in scan velocity results in several times $10^{-4}$ higher index change. This is in good agreement with our previous estimation of the index asymmetry using BPM calculations.

From several UV writing sessions over a period of more than half a year, we have verified that the optimization described above is quite stable without the need for readjustment. In addition, no penalty in terms of higher loss has been observed as a consequence of our asymmetry balancing. Hence, with this method, we are able to reliably fabricate symmetrical couplers and splitters, simply by appropriately adjusting the scan velocity applied during the fabrication of the second arm.

### IV. DISCUSSION

The cause of the observed index asymmetry has been addressed by considering two different scenarios.

The first scenario assumes a halo of UV light surrounding the main spot on the sample, originating from aberrations in the optical system. Waveguides spaced within the extent of this halo...
are either pre- or post-exposed to a weak field of UV radiation, depending on the order in which they are written. The observed index asymmetry could then arise from a nonsymmetrical response of such pre- or post-exposure. Intensity profile measurements of the focused beam have shown that the fabricated couplers will experience pre- and post-exposures with UV intensities <10^{-3} times that of the UV spot center. A series of waveguides were written with either pre- or post-exposure, performed by scanning with a defocused beam of 10^{-3} times the intensity of the normal UV spot. However, no measurable difference in the effective index (< 3 x 10^{-5}) or width (<2%) was observed in the pre- and post exposed waveguides. Thus, any asymmetry toward pre-/post-exposure is at least one order of magnitude less than required to account for the observed device asymmetry.

The second scenario assumes that the high UV intensity of the central beam (∼0.6 MW/cm²) initiates some process in the nearby, unexposed glass, as it passes nearby which reduces the photosensitivity. It is quite difficult to test directly for this scenario, since we are not sure of the nature of the initiated process. However, it is likely that the photosensitivity reduction is coupled to a reduction in the concentration of D₂, since essentially all of the photosensitivity is caused by D₂ loading. To examine the effect of a reduced D₂ concentration, a series of waveguides were written with four-minute intervals, during which D₂ was allowed to outdiffuse at a temperature of 23 °C. At this temperature, the 1/e outdiffusion time was later measured to be 16 h [7], from which the D₂ concentration at the fabrication time of each waveguide could be determined. Measurements show that the waveguide width is constant over the sampled range, while the effective index decreases almost linearly for lower D₂ concentrations (shown in Fig. 3). Also shown in Fig. 3 is the UV-induced index step, as derived using the techniques outlined in [6]. The index is seen to decrease by roughly 10^{-4} pr. percent reduction in D₂ concentration. A few percent reduction of the D₂ concentration in the vicinity of the first scan could, therefore, easily account for the observed device asymmetry. Such a reduction could be caused by a redistribution of D₂ as it diffuses from the UV spot surroundings to the exposed area, where it is depleted in the index change process [7]. It could also be caused by localized outdiffusion through the buffer and cladding. Since the glass is cooled to ∼35 °C, either process requires a thermal heating due to the UV exposure. A 1% D₂ reduction occurring by outdiffusion/redistribution in the ∼10^{-4} s it takes the UV spot to pass, would require a temperature increase of several hundred Kelvin [8]. Whether such heating actually occurs is currently being investigated in detail.

A mechanism involving local changes in the D₂ concentration is supported by the fact that device asymmetry problems were not experienced in nonindex matched samples [3], where the UV-induced index change depends less strongly on the D₂ concentration.

V. Conclusion

Splitters and couplers fabricated by direct UV writing in D₂ loaded germanium/boron doped silica glass can exhibit a significantly asymmetric performance, even though the UV writing is carried out in a symmetrical fashion. We have shown that this effect is due to a photosensitivity reduction in the glass material surrounding a previously exposed area. The refractive index difference for two closely spaced waveguides can be as large as a few times 10^{-4}. Symmetrical devices can be fabricated by reducing the scan velocity used in the second device arm, hereby counteracting the photosensitivity reduction caused by the first scan. Our measurements suggest that subsequent scans affect each other by causing a localized reduction in the D₂ concentration of a few percent.

REFERENCES