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Influence of Four-Wave Mixing and Walk-Off on the Self-Focusing of Coupled Waves

L. Bergé,1 O. Bang,2 W. Krolikowski3

1Commissariat à l’Energie Atomique, CEA/Brüyères-le-Châtel, B.P. 12, 91680 Bruyères-le-Châtel, France
2Department of Mathematical Modelling, Technical University of Denmark, DK-2800 Lyngby, Denmark
3Laser Physics Centre, Australian National University, Canberra ACT 0200, Australia

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Four-wave mixing and walk-off between two optical beams are investigated for focusing Kerr media. It is shown that four-wave mixing reinforces the self-focusing of mutually trapped waves by lowering their power threshold for collapse, only when their phase mismatch is small. On the contrary, walk-off inhibits the collapse by detrapping the beams, whose partial centroids experience nonlinear oscillations.

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Self-trapping of intense electromagnetic waves in nonlinear media has inspired interest since the earliest days of nonlinear optics [1]. For a focusing Kerr medium, this process is often described by a (1 + 1)-dimensional nonlinear Schrödinger equation (NLS), when, for instance, optical pulses only undergo anomalous group-velocity dispersion (GVD), while their transverse diffraction is neglected. Theoretical developments based on this model rapidly increased due to the possibility of making two wave components couple nonlinearly and propagate as mutually trapped solitonlike beams [2–4]. However, these “vector” solitons were detected only recently in experiments [3], partly because of the difficulty in overcoming singularities when the two orthogonal polarizations are parametric four-wave mixing (FWM) processes which become relevant when the two orthogonal polarizations are not incoherently coupled [5]. Besides FWM, they, moreover, experience linear convection, termed as “walk-off,” which can be attached either to the half-difference of their group velocity in birefringent media [4,6], or to the angle between the transverse and carrier wave vectors in, e.g., biased photorefractive crystals [7].

In the previous literature, only one-dimensional dispersion was considered, and the interaction patterns between two partial pulses were analyzed in terms of stable solitons keeping a fixed sech-shape [5,6]. Nonetheless, the underlying assumption that the soliton components preserve their shape while propagating does not hold at higher dimensions. It is indeed well-known that NLS solutions are unstable, by spreading out or self-focusing until collapse, when transverse diffraction is no longer disregarded and enters \((D + 1)\)-dimensional equations with a number of spatiotemporal dimensions \(D\) at least equal to 2 [8]. High-power pulses then sharply increase in amplitude and suffer destructive modulations, which significantly affect their mutual interactions [9]. Even if the collapse singularity is ultimately arrested by saturation mechanisms, the dynamics preceding it is important for understanding this growth stage, which justifies studying the self-focusing of nonlinear waves when FWM and walk-off cannot be ignored. In this Letter, the influence of both these effects is investigated from \((D + 1)\)-dimensional coupled NLS equations, with emphasis on the potential modifications of the power threshold for collapse when \(D = 2\). By means of analytical estimates and numerical verifications, we show that FWM contributes to self-focusing by lowering this threshold for pulses with small phase mismatch only, whereas walk-off acts against the collapse by inducing oscillations in the wave trajectories.

We consider the slowly-varying envelopes \(u_1(\vec{r},z)\) and \(u_2(\vec{r},z)\) of two waves copropagating along the \(z\) axis of a Kerr medium. Here \(\vec{r}\) refers to the vector of a generalized \(D\)-dimensional transverse diffraction plane, which can also include a retarded time variable when anomalous GVD is retained. The waves undergo walk-off and FWM as described by the generic model [3–6]

\[
i(\partial_z + \delta_n \cdot \vec{\nabla}_\perp)u_n - \beta_n u_n + \vec{\nabla}_\perp^2 u_n + ([|u_n|^2 + A|u_{3-n}|^2]u_n + Bu_{3-n}^*u_n^* = 0,
\]

\[
\begin{align*}
\text{where } & * \text{ means complex conjugate, } \delta_1 = -\delta_2 = \tilde{\delta}, \\
\beta_1 &= -\beta_2 = \beta.
\end{align*}
\]

In Eq. (1), standard notations have been used. In particular, the second term describes walk-off effects, the third term accounts for the mismatch in wave numbers between the components, and the last term represents FWM. The constants \(A\) and \(B\) are positive, and they measure the strength of the nonlinear coupling between the two waves. In isotropic media, their values satisfy \(A + B = 1\) when \(u_1\) and \(u_2\) represent two orthogonal polarizations of a vector field [4], while they are linked by \(A = 2B = 2\) for two copropagating beams with scalar amplitudes \(u_1\) and \(u_2\). This model applies, for example, to media as rubidium vapors [10] and Cs\(_2\) liquid [11], for which, by operating near resonance, the nonlinearity can efficiently couple two beams. For Eq. (1), the total power \(P = P_1 + P_2 = ||u_1||^2 + ||u_2||^2\) is always conserved, and it keeps invariant each individual power \(P_n = ||u_n||^2\) when \(B = 0\) only. For notational convenience, we make use of the standard \(L^p\) norms, \(||f||^p_p = \int ||f||^p \, d\vec{r}\), where \(\int d\vec{r}\) denotes an integration over the \(D\)-dimensional transverse space. Equations (1) also conserve the Hamiltonian
\[ H = \sum_{n=1}^{3} \left[ \| \nabla u_n \|_2^2 + \beta_n |P|^2 - \chi_n(A,B) \right] + \int |u_n|^2 \delta_n \cdot \nabla \arg(u_n) d\tau, \]  

(2)

where

\[ \chi_n(A,B) = \frac{1}{2} \| u_n \|_4^4 + \frac{A}{2} \| u_n u_{3-n} \|_2^2 + \frac{B}{2} \text{Re} \int (u_{3-n}^2 u_n^2) d\tau \]

is the nonlinear potential related to the Kerr and FWM contributions. Furthermore, we can derive a virial identity describing the evolution of the total mean square radius of both waves along \( z \). This relation governs the second-order \( z \) derivative of the integral

\[ I(z) = \frac{1}{P} \int r \left[ \bar{r} - \langle \bar{r} \rangle \right]^2 \sum_{n=1}^{2} |u_n|^2 d\tau, \]  

(3)

which involves the total center of mass \( \langle \bar{r} \rangle = \frac{1}{P} \int r u_n^2 d\tau \). After employing a straightforward procedure [9], the virial identity is found to read

\[ \partial_t^2 I = \frac{4}{2} \int \delta_n \cdot \nabla \arg(u_n) d\tau, \]  

(4)

where

\[ I = \int r \sum_{n=1}^{2} |u_n|^2 d\tau \]

\[ H = \frac{\partial^2 I}{\partial t^2} = 4DH \]

\[ + 4 \sum_{n=1}^{2} \left( \frac{2}{2} \| \nabla u_n \|_2^2 - D \beta_n |P| + \frac{\delta_n^2 P}{2} \right) \]

\[ - B \delta_n \cdot \int (u_{3-n}^2 u_n^2) d\tau, \]  

(5)

\[ P \partial_t \bar{r} = \tilde{M} \bar{r} + \sum_{n=1}^{2}\delta_n P_n, \]  

(6)

\[ \tilde{M} = 2 \sum_{n=1}^{2} \int (u_{3-n}^2 u_n^2) d\tau, \]  

(7)

with \( \delta_n^2 = \| \delta_n \|^2 \). Here, \( \tilde{M} \) denotes the conserved total momentum. When collapse develops, the integral \( I(z) \) vanishes at a finite propagation distance, \( z_c \), implying \( I_n = P_n^{-1} \langle \bar{r} - \langle \bar{r} \rangle u_n \|_2^2 \rightarrow 0 \) as \( z \rightarrow z_c \). In this limit, the gradient norms of \( u_n \) must blow up by virtue of the inequality \( P_n \lesssim (4/D^2) \| \nabla u_n \|_2^2 \), which makes the wave amplitude diverge in turn. In NLS systems, such a blowup generally takes place at propagation distances shorter than \( z_c \) [8], and it arises when the total power exceeds some threshold. For instance, when considering one component in \( (2 + 1) \) dimensions, blowup can develop only if \( P \) exceeds \( P_c \approx 11.7 \), which is close to the critical power \( 4\pi \) fixing \( H = 0 \) for Gaussian beams [9,12]. In the sequel, we determine the influence of FWM and walk-off on self-focusing, separately.

(i) FWM without walk-off.—For the case \( B \neq 0 \) and \( \delta = 0 \), the virial relation (4) can be bounded from above when \( D \geq 2 \) as follows

\[ \partial_t^2 I \approx 4D(H - \beta |P|) \]  

(8)

where the strict equality applies to the case \( D = 2 \) only. Thus, a total collapse of the wave function, in the sense \( I(z) \rightarrow 0 \), always occurs for \( D \geq 2 \), whenever \( (H + |\beta|P) \) is negative. In \( (2 + 1) \) dimensions, the threshold power for collapse can be estimated by bounding the Hamiltonian from below with a combination of Cauchy-Schwarz and Sobolev \( \| u_n \|^4 \leq (2/P_c) \times \| \nabla u_n \|_2^2 \| u_n \|_2^2 \) inequalities:

\[ H + |\beta|P \geq \sum_{n=1}^{2} \left( 1 - \frac{P_n}{P_c} \right) \| \nabla u_n \|_2^2. \]  

(9)

Since the left-hand side of Eq. (9) is finite, a wave collapse with \( \| \nabla u_c \|_2^2 \rightarrow +\infty \) cannot occur when the individual power of both components is below the threshold

\[ P_c^B = P_c/(1 + A + B). \]  

(10)

Hence, \( P_n < P_c^B \) is a sufficient condition for no collapse. In terms of the conserved total power \( P \), collapse is surely avoided when \( P \) is below \( P_c^B \) but due to power transfers between both components, the bound \( P < P_c^B \) can significantly underestimate the actual threshold for collapse when \( B \neq 0 \), as was observed in similar studies of quadratic nonlinear media [13]. In spite of this, when the two components are initially identical, Eq. (1) with \( B = 0 \) reduces by symmetry to the single-wave NLS equation \( i\partial_t u + \nabla u + P |u|^2 u = 0 \) and power transfers are eliminated. \( P_c^B \) thus restores the exact threshold power for collapse of each component and, therefore, \( P > 2P_c^B \) can here yield a reasonably good estimate of the exact collapse threshold for small mismatch values, provided that \( u_1(\bar{r},0) = u_2(\bar{r},0) \). In this situation, Eq. (10) shows that FWM lowers the power threshold for collapse and strengthens the self-focusing dynamics, compared with that of incoherently coupled waves \( B = 0 \) [9].

By means of an iterative, radially symmetric, midpoint Crank-Nicholson finite-difference scheme, we have performed numerical simulations of Eq. (1) in \( (2 + 1) \) dimensions employing the Gaussian initial condition:

\[ u_n(\bar{r},0) = \sqrt{\frac{P_n}{\pi \Delta^2}} \exp(-r^2/2\Delta^2), \]  

(11)

with waist \( \Delta \), which is representative of laser beam profiles currently used in experiments. The amplitude is expressed as a function of \( P_n \), which is the accessible quantity conditioning the occurrence of collapse. Selecting another shape as, e.g., a sech profile, should not qualitatively change the coming results. We used a resolution of \( \Delta r = 10^{-3} \) over the interval \( r = [-20, +20] \) and a step size of \( \Delta z = 10^{-3} \), which kept the relative deviation of \( P \) from its initial value below \( 10^{-4} \) over a distance \( z = [0, 50] \).

The solid line in Fig. 1 shows the collapse threshold \( 2P_c^B \) versus the FWM coefficient \( B \) when \( P_1 = P_2 = P/2 \) and \( \Delta = 2 \). For \( B = 0 \), this threshold power agrees with its numerical counterpart, since the dynamics is entirely determined by symmetry from the single-wave
The increase in threshold. Despite this, a nonzero spiky resurgences in the wave dynamics, which made it strong resonances following several focusing /defocusing transfer their power between each other, which generated the self-focusing promoted at exact phase matching of the total mean-square radius due of the total mean-square radius due $z$ of Fig. 1. In contrast, a more intriguing behavior between the focusing nonlinearities in the invariant $3304$

$$P_{th} = \frac{4\pi(1 + \rho)^2}{1 + \rho^2 + 2\rho A},$$

where $\rho \equiv P_1/P_2$. In the presence of walk-off, the estimate (12) yields the effective critical power for collapse,

$$P_{c}^\delta = P_{th}\{1 + \delta^2\Delta^2/(1 + \rho^2)\},$$

which increases with the walk-off length $\delta$. Figure 2 shows this critical power for equal waves with $P_1 = P_2$. The threshold (14) is associated with a total collapse taking place at the center ($\vec{r} = 0$) and it raises with $\delta$, which is confirmed numerically. At a given power, walk-off is thus able to delay and even arrest such a collapse, as can be guessed from the virial expression $I(\vec{r}) = (4\pi^2/\Delta^2 P_{th}) \times (P_{c}^\delta - P) + \Delta^2$.

The agreement between the theoretical estimate (14) and the numerical simulations is reasonably good for small $\delta$ values. For large $\delta$, Fig. 3 displays that walk-off significantly competes with the collapse by modifying the trajectories of both components in the transverse plane and by detrapping them. The centroids of the components are then shifted from $\langle \vec{r} \rangle = 0$ and further fuse again at the origin, where collapse occurs [Fig. 3(a)]. This explains the discrepancies in Fig. 2 between the true collapse threshold and $P_{c}^\delta$ for a total collapse on the center. Alternatively, when the two waves contain enough power for promoting individual collapses ($P_1 = P_2 > 4\pi$), walk-off can make them separate from each other and collapse on their own center of mass, far away from the origin [Fig. 3(b)]. In this case, Eq. (12) emphasizes that walk-off becomes important whenever $|H| \ll \delta^2 P/4$, which yields a bound for $\delta$, namely, $\delta > (2/\Delta)\sqrt{P/P_{th} - 1}$, above which the two components can collapse separately with individual mean-square radii tending to zero. This results in a saturation plateau at $P = 8\pi$, towards which the collapse threshold saturates from $\delta > 1$. Conversely, in the diffraction regime where collapse does not occur, the two components can undergo one or more crossings before decaying into noise, or continue to walk off away from each other while they both decouple and disperse.

To understand the motion of the individual centers of mass, $(\vec{r}_n)(z) \equiv P_n^{-1} \int \vec{r} |u_n|^2 d\vec{r}$, we multiply Eq. (1) by $\delta^2 I \approx 8H/P + 2\delta^2 - 2|\vec{M}|^2/P^2,$

$$\frac{\partial^2}{\partial z^2} I \approx \frac{8H}{P} + 2\delta^2 - 2|\vec{M}|^2/P^2,$$

where the strict equality still concerns only $D = 2$. From Eq. (12), we infer that collapse inevitably develops when $H + \delta^2 P/4 \ll 0$. This requirement reflects the interplay between the focusing nonlinearities in the invariant $H$ and the increase in $\delta^2$ of the total mean-square radius due to walk-off. As a result, the finite distance $z_{\delta}^0$ at which $I(z)$ tends to vanish in case of collapse is larger than the collapse focus $z_{\delta}^0$ corresponding to $\delta = 0$. Therefore, the collapse dynamics should be delayed and possibly arrested when $\delta \neq 0$.

Let us check this property with the $(2 + 1)$-dimensional Gaussian beams (11). Without walk-off, these beams possess the Hamiltonian $H = (P/\Delta^2)(1 - P/P_{th})$ with the collapse threshold.

3304

\[ \text{FIG. 2. Collapse threshold versus } \delta = \delta_{c}(\delta_{v} = 0) \text{ for equal waves with } A = 1. \text{ The solid curve, where error bars have been specified for the sake of accuracy, represents the numerical result for } P_1 = P_2 \text{ and } \Delta = 2. \text{ The dotted lines correspond to the analytical predictions } P_{th}(1 + \delta^2), 8\pi, \text{ and } P_{th} = 4\pi. \]
imposes a critical value to the walk-off length, namely,
in collapse regimes modeled by Gaussians such as
the flux induced on the (solid), 

\[ P_n \int (u_{n-1})^2 |d_n| d\vec{r} = 0, \quad (15) \]

where \( d_n(\tilde{r}_n)(0) = \delta_n \). The integral in (15) measures the flux induced on the \( n \)th wave by its neighbor, which can make \( \tilde{r}_n \) periodically displace to a fixed point \( \langle \tilde{r}_n^0 \rangle \), then go back to the center. For equal components modeled by Gaussians \( |u_n|^2 = (P/2\pi\Delta^2)e^{-|\vec{r}|^2/2}\Delta^2/2 \) located symmetrically from the origin, Eq. (15) reduces to \( d_n(\tilde{r}_n) + (AP/\pi\Delta^4)\langle \tilde{r}_n^0 \rangle e^{-2\vec{r}_n^2/\Delta^2} = 0 \) and \( \langle \tilde{r}_n^0 \rangle \) has indeed a harmonic motion, which is damped in collapse regimes \( |\Delta(z) - 0| \) and relaxes otherwise \( |\Delta(z) \rightarrow +\infty| \). Along one arch of oscillation, we can moreover suppose that the waves keep a fixed width \( \Delta \), so that the same equation provides the relation linking \( \delta_n \) to the maximal displacement of the beam centroid:

\[ \langle \tilde{r}_n^0 \rangle = \Delta \sqrt{\frac{1}{2\Delta^2 - \delta_n^2}} \langle A P/\pi \Delta^2 \rangle^{-1}. \]

Hence, the constraint that oscillations develop only if \( \langle \tilde{r}_n^0 \rangle \) remains finite imposes a critical value to the walk-off length, namely, \( \delta_n^2 \leq \frac{\Delta^2}{2} \leq \frac{AP}{\pi \Delta^2} \). This critical value, below which both waves are reflected back to the origin, can also be estimated by considering two beams launched in the medium at angles \( \theta_0 \) and \(-\theta_0\) with respect to \( z \), such as \( \delta_0 = 2n_0 \tan \theta_0 \). By following the ray trajectory associated with one beam, geometrical optics predicts that this ray experiences a total internal reflection if \( \theta_0 \) satisfies \( \cos \theta_0 = n_0/[n_0 + n(0)] \), where \( n(0) \) and \( n_0 \) denote the values of the refractive index on the axis and at infinity, respectively. This relation then expresses as 

\[ \tan^2 \theta_0 = \frac{1}{n_0^2} \]

where \( I \) is the light intensity at center. For two beams symmetrically displaced from the origin, \( I \) is given mainly by the interaction part of \( H \), i.e., \( H_{\text{int}}/P \sim \Delta^2 \), which thus restores \( \delta_0 \).

In conclusion, we have shown that in Kerr media FWM lowers the threshold power for collapse of two coupled waves, when they are close to exact phase matching only. The resulting enhancement of self-focusing, however, ceases at moderate mismatch values, for which the waves undergo sharp resonances. On the other hand, walk-off delays the self-focusing by altering the beam trajectories. For comparison, two weakly separated \((1 + 1)\)-dimensional solitons in birefringent fibers [6] can either bounce back and forth while forming a trapped state, or separate by developing nonlinear oscillations, whenever their amplitude is above or below a \( \delta \)-dependent threshold. At higher dimension, analogous behaviors also characterize high-power pulses, whose components can either mutually attract or separate with walk-off. However, the self-focusing dynamics offers a richer variety of interaction regimes, among which two coupled components, being initially superimposed, can split before fusing or reversely collapse after splitting. Finally, our analysis suggests that, in saturable media, high-dimensional beams should still be able to coalesce into a robust light bullet, which may be desirable for optical switching applications. In this scope, our results could be experimentally verified in nonlinear media served by properly designed AlGaAs waveguides [3] and atom vapors [10], where picosecond pulses can produce strong nonlinear interactions with an efficient Kerr response and weak phase mismatches.